



"Opportunity Partners Success"  
September 25, 2009



#### Education Center

Dada Shiveshananda, a monk of 32 years from the Philippines, shared both wisdom and practical tools for personal empowerment and health in three workshops for youth in The MLK, Jr. Education Center, The Phoenix Program, and Detention. Youth and staff enjoyed learning about nutrition, the science behind Tai Chi and Yoga, and practicing exercises with Dada.



#### Workforce Investment Act

WIA youth are wrapping up their work experiences with the Summer Program. Some are working diligently to make a good impression on their supervisors in order to obtain an extension with the County. Some youth will have the opportunity to extend their training, with the County, in 520 positions in the Culinary Arts Program, and the Horticulture Crew. Many of the other have or will be returning to school, whether that be high school or college, for the Fall. We wish them all luck study hard!



#### Technology Program

This week Tech students will be learning techniques related to disassembling their computer and identifying its components. These include safety precautions, which will help avoid personal injury, ways to prevent damage to the computer from electrostatic discharge, and organizing components and fasteners in such a way that they will be easy to identify and put back in the right place on re-assembly. Nice Work!

### Culinary Arts and Horticulture

The Horticulture Crew and Culinary Arts team joined up this week at the Tuesday Farmer's Market. This week we kicked off with a plentiful sale of veggies, grown and harvested by our HORT youth, and grilled chicken/beef/tempeh skewers with rice and salad. 8 youth participated in this event and will continue to for the next 2 weeks!  
Please come down and visit us!



### GUMBO with the District Attorney?!?

Last Friday, Mark Haight our DYS District Attorney, came to the kitchen for the afternoon and taught a Gumbo class! Mark considers this his specialty and was excited for the opportunity to teach the youth a new recipe. He brought Cajun music and his prized roux spoon. We were able to serve the Gumbo as the dinner meal that night!

### GAMEDAY GRILLIN

KMTR News came down and filmed a segment in our kitchen! Lisa Waters demonstrated how to marinate and grill Shrimp Skewers. We are so proud of our youth stepping up in front of the camera. The segment aired Thursday night, but you can still view it at [KMTR.com](http://KMTR.com)!



### Culinary Arts Anecdote

"Gosh, your incredible young chefs and bakers at Serbu...totally loved the delish cookies today and the veggies were so attractively displayed (& Yummy!)! Thank you so much! I salute you for learning these skills, adding to your future!"  
Sincerely, Carol Berg-Caldwell