

# #KNOW YOUR STATUS



## Why Should I Take a COVID-19 Home-Test?

COVID-19 home-tests are one of many measures, along with vaccination, physical distancing, hand hygiene, and wearing a mask that can protect you and others from spreading the virus that causes COVID-19. Home-test kits are easy to use and reliable when the manufacturer's instructions are followed. More importantly, it gives you results in as little as 15 minutes. Additionally, if you begin to have symptoms and use an at home-test, you will help ease the strain on community-based COVID-19 testing resources. Remember that home-testing is quick and easy, and more importantly, it saves lives. That is why it is essential to #knowyourstatus.

## Who should take a COVID-19 home test?

- Vaccinated and unvaccinated individuals who are experiencing [symptoms of COVID-19](#).



## I have tested positive; what's next?

- Stay home and away from others. Isolating and quarantining will keep you from giving the virus to others.

- If you recently tested positive for COVID-19 with an at-home test, please fill out the "[Reporting a Positive Home COVID-19 Test](#)" online form or call the LCPH Covid-19 Call Center at 541-682-1380



## Who does Lane County Public Health report my COVID-19 test results to?

- No one but you. The Health Insurance Portability and Accountability Act of 1996 (HIPAA) prevents Lane County Public Health from reporting your confidential medical information, including your COVID-19 results, to anyone without your knowledge or consent.

## I tested positive. Do you provide any financial assistance or help with isolation and quarantine?

- Yes, once you get your test results and need help isolating or quarantining or needing financial assistance, [there is help](#).



## I had COVID-19 or recently got over it. Do I need to get vaccinated?

- Yes, you should get a COVID-19 vaccine as soon as you complete your isolation period, even if you already had COVID-19. Natural immunity against COVID-19 offers some protection against future illness, but that depends on your age, how long ago you were sick, and how severe your sickness was. Getting a COVID-19 vaccine gives you the highest level of protection against COVID-19, so it's essential to get vaccinated and boosted to help protect you, your family, and your community!